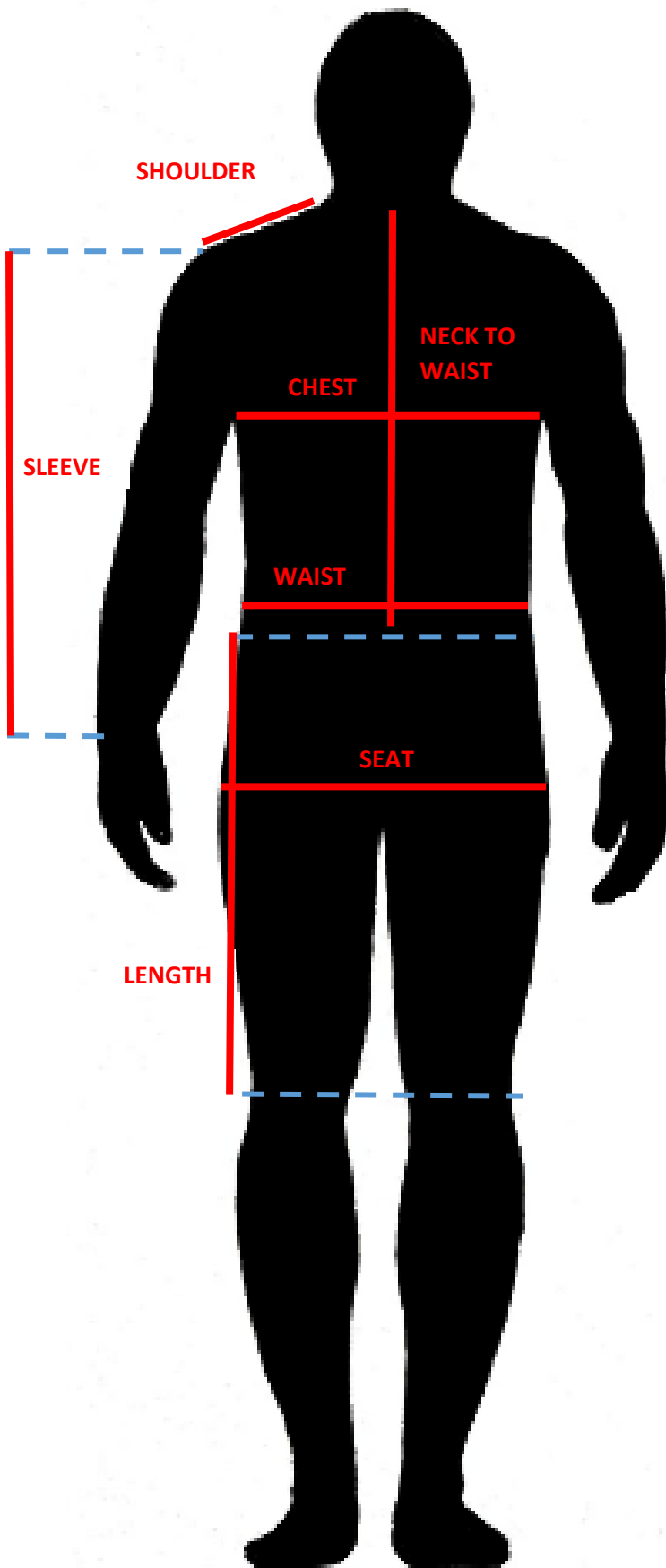


Name: _____ Function Date: _____



CHEST _____ inch/cm

A relaxed measurement round the chest under the armpits.

SLEEVE _____ inch/cm

From the shoulder to the heel of the hand with the arm straight.

SHOULDER _____ inch/cm

From the collar to the edge of the shoulder.

NECK TO WAIST _____ inch/cm

On the back measure from the collar to just below the waist.

WAIST _____ inch/cm

A firm but not tight measurement round the waist at the height of the belly button.

SEAT _____ inch/cm

Measure round the widest part of the buttocks, allowing 2 fingers width of space between the body and the measuring tape.

LENGTH _____ inch/cm

Have someone else take this measurement. Kneel down on both knees and measure from the top of the hip bone to the floor. On average this measurement will be about an inch different to the sleeve measurement.

SHOE SIZE _____

COLLAR SIZE _____

HEIGHT _____

Please include your height as this helps us to check the length of the trows, jacket and waistcoat.